

AUGUST 2018

Call 321-6816 to make a lunch reservations. Reservations accepted based on availability. You may request an alternate entrée of chicken or fish when you make your reservation. Skim or 2% milk, margarine and condiments are available at each meal. A dessert alternative is available for those with dietary restrictions. Seating begins at 11:30am. Donation of \$5.00 for people 60 and over. Cost is \$10 for under age 60. Coffee or tea is \$.50 extra. Menus are subject to change. Transportation is available for those 60 and older and residents of East End, Hyde Park, Madisonville, Mt. Lookout, Oakley, O'Bryonville and South Norwood.

Monday

Wednesday

Friday

	1	Roast Turkey with Gravy Mashed Potatoes Lima Beans Fruit Slice Roll Carrot Cake	3	Ham Reuben with Sauerkraut Potato Pancake Applesauce Ice Cream Bar
6		BBQ Chicken Baked Potato Mixed Vegetables Fruit Slice Roll Chocolate Cake	8	Spaghetti and Meatballs Spinach Salad Fruit Juice Garlic Bread Ice Cream
13		Beef Tips with Mushrooms over Noodles Tossed Salad Biscuit Peach Cobbler	15	<u>BIRTHDAY PARTY</u> Pork Roast with Apples Mashed Potatoes Peas and Carrots Fruit Garnish Roll Ice Cream and Cake
20		Open-Faced Meat Loaf Sandwich Mashed Potatoes 3-Bean Salad Apple Cobbler	22	BBQ Ribs Rice Pilaf Green Beans Fruit Salad Roll Chocolate Pudding with Topping
27		Oven Fried Chicken New Potatoes Glazed Carrots Roll Watermelon Slice and Cookie	29	Roast Beef with Gravy Mashed Potatoes Mixed Vegetables Roll Fruit Juice Fudge Cake
			31	Baked Cod Rice Broccoli Spears Roll Deluxe Fruit Salad with Cookie
			10	Baked Tilapia Tater Tots Roll Cole Slaw Fresh Fruit Salad Ice Cream Sundae
			17	Shrimp Stir-Fry Tossed Salad Fruit Juice Blueberry Muffin Éclair
			24	Sloppy Joe Cole Slaw Tater Tots Cottage Cheese and Pears Ice Cream Bar

